

IMPORTANT NOTICES



DO NOT USE THE SURGE OF CHI EXERCISER WITHOUT FIRST STUDYING THE GUIDELINES FOR USE

Please also carefully read the following precautions:

CONTRAINDICATIONS: The Surge of Chi Exerciser should NOT be used in the following situations:

- for one hour after eating (**this applies to everyone**)
- within three months of surgery
- within three months of bone fractures (or before they have fully healed)
- if you suffer from a damaged or sensitive coccyx (tail bone)
- during the first three months of pregnancy
- when suffering from open wounds or serious infections
- epilepsy (except with doctor's consent)
- if you have heart disease or any other heart condition, consult your Doctor for advice
- if you are prone to vertigo, nausea or motion sickness, start with a slow speed and short time; then gradually work up as you feel comfortable to do so.

Please also note that background healthcare information is provided by Energy for Health for information purposes only and is not meant to substitute for the advice provided by your own physician or other healthcare professional. You should not use the information or products provided for diagnosing or treating a health problem or disease without obtaining proper professional advice.

You should read carefully all product user guidelines. If you have or suspect that you have a medical problem, promptly contact your professional health care provider for advice.

Caution: If you are pregnant or have any health problem, please consult your health care professional before using these products. Please consult the User Guidelines to check any contraindications that might apply to you. Use of this product other than in strict accordance with the user guidelines may cause injury. Do not use this product if you are in any doubt.

All liability in respect of loss, damage or injury arising from this product is hereby excluded except to the extent that such exclusion is not permitted by law. In any event any liability in respect of loss, damage or injury to this product or other property shall be limited to the replacement costs of this product except to the extent that such limitation is not permitted by law.

If you have any doubts or questions, please consult your Doctor or Health Practitioner, or call our Helpline for advice:



ENERGY FOR HEALTH Ltd
57 Middle Street, Stroud
Gloucestershire GL5 1DZ, UK
Tel: 01453 766641 Fax: 08700 940665
Email: info@surgeofchi.com www.surgeofchi.com